



# August 2021

## Programming Summary

The Soprema Senior Center continues to operate as a “Senior Center Without Walls” with a wide array of in-person, virtual/Zoom and remote/phone programs. RSVPs accepted via email to [ssc@wadsworthcity.org](mailto:ssc@wadsworthcity.org), by phone at **330-335-1513**, through [www.myactivecenter.com](http://www.myactivecenter.com), or in person at the Soprema Senior Center. For more information, please visit our website at [www.wadsworthcity.com/285/Soprema-Senior-Center](http://www.wadsworthcity.com/285/Soprema-Senior-Center) or contact us directly with your questions!

### Caregiver Support Groups (Hybrid: In person & Zoom)

#### General

Tues., Aug 3 at 1 pm

#### Alzheimer's

Thurs., Aug. 5 at 1 pm

#### Parkinson's

Tues., Aug 17 at 1 pm

**In-Person Table RSVPs** Daily from 9:30-11:30 am & 1:30-3:30 pm

**YMCA Walking Track** M/W/F: 12-2 & Tu/Th: 10-12. *Prior to using the YMCA Walking Track for the first time, SSC walkers must fill out a new waiver form, and all SSC walkers must scan in & out at the MySeniorCenter kiosk each time they use the Walking Track.*

**Coupon Clippers (In person)** Every Tues. at 12 pm, Aug. 3, 10, 17, 24 & 31

**SSC Bonus Bingo (Zoom)** Wed., Aug. 4 at 1 pm

**Mah Jong (In person)** Every Thurs. at 9:30 am, Aug. 5, 12, 19 & 26

**Sewing Seniors (In person)** Thurs., Aug. 5 & 19 at 9:30 am

**Summer Bingo (In person)** Every Fri. at 10 am, Aug. 6, 13, 20 & 27

**Make Me Happy Hour (Zoom)** Every Fri. at 11 am, Aug. 6, 13, 20 & 27

**Claire's Needlecraft Group (In person)** Every Fri. at 12:30 pm, Aug. 6, 13, 20, 27

**Medicare 101 (Hybrid: In person & Zoom)** Mon., Aug. 9 at 3 pm

**Storytime with Wade (Zoom)** Tues., Aug. 10 at 3:30 pm

**Chair Fitness (In person)** Thurs., Aug. 12 at 9:30 am & Mon., Aug. 16 at 2 pm

**Wadsworth Library Fun (In person)** Thurs., Aug. 12 at 1 pm

**Genealogy (In person)** Every Fri. at 2:00 pm, beginning Aug. 13 *(RSVPs requested)*

**Meet the Police Chief (In person)** Wed., Aug. 18 at 2 pm

**WRAAA Bingo Bash (Zoom)** Thurs., Aug. 19 at 1 pm *(Must RSVP by Thurs., Aug. 5)*

**County Assistance (In person by appointment)** Thurs., Aug. 19 at 2 pm

**Master Gardeners (Hybrid: In person & Zoom)** Tues., Aug. 24 at 11 am

**Cooking with Brookdale Camelot (Hybrid: In person & Zoom)** Tues., Aug. 24 at 1 pm

**Trivia with Medina Co. Senior Service Network (Zoom)** Wed., Aug. 25 at 1 pm

**Senior Book Club (Hybrid: In person & Zoom)** Thurs., Aug. 26 at 1 pm

**Fall Decorating Demo (In person)** Mon., Aug. 30 at 10 am

**Fall Walking Challenge Kick-Off Meeting (In person)** Tues., Aug. 31 at 2 pm