



SOPREMA
Senior Center
& Cafe

April 2021 Virtual Programming

Though the Soprema Senior Center building continues to be closed until further notice, we are offering a variety of FREE virtual and remote programs. Please visit our website at www.wadsworthcity.com/285/Soprema-Senior-Center or contact us at ssc@wadsworthcity.org or **330-335-1513** for more information!

Caregiver Support Groups

Alzheimer's: Thurs., April 1 at 1 pm **General:** Tues., April 6 at 1 pm **Parkinson's:** Tues., April 20 at 1 pm

Make Me Happy Hour Fri., April 2, 9, 16, 23 & 30 at 11 am

Bingo with Menorah Park Wed., April 7 at 1 pm

Reverse Mortgage Seminar Thurs., April 8 at 11 am

Wadsworth Library Fun Thurs., April 8 at 1 pm

Chair Fitness with Copley Health Center Mon., April 12 at 11 am

Medicare 101 Mon., April 12 at 3 pm

Ask an Attorney Tues., April 13 starting at 1 pm *(by phone appointment)*

Mindful Meditation Tues., April 13 & 27 at 1 pm

Storytime with Wade Tues., April 13 at 4 pm

RSVPs due for Feeding Medina County's "Staples for Seniors" Food Giveaway Wed., April 14*

Zoom Basics Wed., April 14 at 1 pm

Spiritual Sharing with the Village of St. Edward Wed., April 14 at 2:30 pm

Autobiography Thurs., April 15*, 22 & 29 from 10 am - 12 pm *(*Begin 10-week session)*

Spring Fling Bingo with the WRAAA Thurs., April 15 at 1 pm *(Please RSVP at the beginning of the month so your mailed Bingo materials arrive on time.)*

Chat with Bev Thurs., April 15 at 3 pm

MyActiveCenter Demonstration Fri., April 16 at 3 pm

Resources for Job Seekers with Vantage Aging Mon., April 19 at 1 pm

Mental Health, Covid & Quarantine Mon., April 19 at 3 pm

Puzzling Social Hour Wed., April 21 at 10 am

Table Talk with Dr. Patel: "COVID-19" Wed., April 21 at 12 pm

Senior Book Club Thurs., April 22 at 1 pm

Armchair Travel with Sand Run Travel Thurs., April 22 at 4 pm

Cooking with Brookdale Camelot Fri., April 23 at 1 pm

Buzzing with the Best Mon., April 26 at 9 am


Ask the Auditor Mon., April 26 at 1 pm

Master Gardeners: "Reducing Your Lawn Footprint" Tues., April 27 at 12 pm

Medina County Senior Service Network Trivia Wed., April 28 at 1 pm

***"Staples for Seniors" Feeding Medina County Food Giveaway** Thurs., April 29 from 12 - 1:30 pm

Walking Challenge Kick-Off Meeting Fri., April 30 at 1 pm



To RSVP,
email us at
ssc@wadsworthcity.org
with your name & phone
number — we'll send a
Zoom invitation!