



May 2023

330-335-1513 • ssc@wadsworthcity.org • 617 School Drive • Wadsworth, OH 44281

Center Hours:

Monday - Friday: 8:30 am - 4 pm

Café Hours:

Monday - Friday: 9 am - 1 pm

Café Hours expanding soon!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right; font-weight: bold;">1</p> <p>Chronic Disease SM 9:30 Pinochle 10:00 Walking Track 12:00 - 2:00 Laughter Yoga 2:00</p>	<p style="text-align: right; font-weight: bold;">2</p> <p>Walking Track 9:00 - 11:00 Watercolor 10:00 Coupon Clippers 10:30 Blood Press. Checks 12:00 Euchre 1:00 General Caregivers* 1:00 Local Author Talk 2:30</p>	<p style="text-align: right; font-weight: bold;">3</p> <p>Hearing Screenings 9:00 - 2:00 Gentle Exercise 10:00 Chess 11:00 Coffee with a Cop 11:00 Walking Track 12:00 - 2:00 Blind Truth 1:00 Dominoes/Games 1:00</p>	<p style="text-align: right; font-weight: bold;">4</p> <p>Walking Track 9:00 - 11:00 Mah Jong 9:30 Sewing Seniors 9:30 - 11:00 Bridge 11:00 Alzheimers Caregiver Support * 1:00</p>	<p style="text-align: right; font-weight: bold;">5</p> <p>Strokes of Art 9:30 Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00 - 2:00 Genealogy 2:00 Balance Testing- by appt. 2:00</p>
<p style="text-align: right; font-weight: bold;">8</p> <p>Chronic Disease SM 9:30 Pinochle 10:00 Volunteer Apprecn 1:00 Walking Track 12:00 - 2:00 Bunco 1:00 Movie <u>at</u> Wads. Library 1:00 Medicare 101 Hybrid* 3:00</p>	<p style="text-align: right; font-weight: bold;">9</p> <p>Walking Track 9:00 - 11:00 Line Dancing Class 9:00 Crafts/Puzzles w/Windfall 10:00 Coupon Clippers 10:30 Table Talk with Dr. Patel* 12:00 Euchre 1:00 Technology Class 2:00</p>	<p style="text-align: right; font-weight: bold;">10</p> <p>Summa Health Chat* 10:00 Gentle Exercise <u>11:00</u> Chess 11:00 Walking Track 12:00 - 2:00 Dominoes/Games 1:00 Aging Gracefully w/Brookdale* 2:00 Storytime w/ Wade (Zoom) 3:30</p>	<p style="text-align: right; font-weight: bold;">11</p> <p>Walking Track 9:00 - 11:00 Mah Jong 9:30 Vision Screen'g- by appt. 10:00 Seniors w/ Srs Lunchn 11:00 Bridge 11:00 Wadsworth Library Fun 1:00 Budgeting - by appt. 12:00 Royal Ball <u>at</u> Galaxy 6:00pm</p>	<p style="text-align: right; font-weight: bold;">12</p> <p>Strokes of Art 9:30 Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00 - 2:00 Genealogy 2:00 Senior Photo Day- by appt. 2:00</p>
<p style="text-align: right; font-weight: bold;">15</p> <p>Chronic Disease SM 9:30 Pinochle 10:00 Walking Track 12:00 - 2:00 Laughter Yoga 2:00</p>	<p style="text-align: right; font-weight: bold;">16</p> <p>Senior Day @ Medina Cty Fairgrounds 9:00 - 1:00 Walking Track 9:00 - 11:00 Watercolor 10:00 Coupon Clippers 10:30 Euchre 1:00 Ask an Attorney - by appt. 1:00 Parkinson's Caregivers* 1:00</p>	<p style="text-align: right; font-weight: bold;">17</p> <p>Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00 - 2:00 Dominoes/Games 1:00 Healthy Living w/Humana* 1:00 Scam Squad 2:30</p>	<p style="text-align: right; font-weight: bold;">18</p> <p>Walking Track 9:00 - 11:00 Mah Jong 9:30 Sewing Seniors 9:30 - 11:00 Bridge 11:00 Virtual Bingo (Zoom) 1:00 County Assistance- appts. 2:00</p>	<p style="text-align: right; font-weight: bold;">19</p> <p>Strokes of Art 9:30 Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00 - 2:00 Genealogy 2:00</p>
<p style="text-align: right; font-weight: bold;">22</p> <p>Chronic Disease SM 9:30 Pinochle 10:00 Tech Café w/ MCBDD 11:30 Walking Track 12:00 - 2:00 Bunco 1:00</p>	<p style="text-align: right; font-weight: bold;">23</p> <p>Walking Track 9:00 - 11:00 Line Dancing Class 9:00 Coupon Clippers 10:30 Garden Chat* 11:00 Euchre 1:00 Tech Tuesday 2:00 - 4:00</p>	<p style="text-align: right; font-weight: bold;">24</p> <p>Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00 - 2:00 Dominoes/Games 1:00 Empower Renal Support 1:00 Baseball Watch Party 1:00</p>	<p style="text-align: right; font-weight: bold;">25</p> <p>Walking Track 9:00 - 11:00 Mah Jong 9:30 Bridge 11:00 Poetry Open Mic 12:00 Senior Book Chat 1:00 Grief Support 2:00 Cooking with Bev 2:30</p>	<p style="text-align: right; font-weight: bold;">26</p> <p>Strokes of Art 9:30 Bingo Auction 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00 - 2:00 Genealogy 2:00</p>
<p style="text-align: right; font-weight: bold;">29</p> <p style="text-align: center;">Center Closed for Holiday</p>	<p style="text-align: right; font-weight: bold;">30</p> <p>Walking Track 9:00 - 11:00 Coupon Clippers 10:30 Euchre 1:00</p>	<p style="text-align: right; font-weight: bold;">31</p> <p>Gentle Exercise 10:00 Chess 11:00 Walking Track 12:00 - 2:00 Dominoes/Games 1:00</p>	<p style="text-align: center; color: red; font-weight: bold;">PLEASE RSVP TO RESERVE A SPOT IN THESE GREAT PROGRAMS!</p> <p style="text-align: center; color: red; font-weight: bold;">*PROGRAMS MARKED WITH AN * ARE IN PERSON AND ZOOM (HYBRID).</p>	<p style="text-align: center;">See our newsletter for a list of programs and descriptions, available on our website:</p> <p style="text-align: center; color: blue;"> www.wadsworthcity.com/SopremaSeniorCenter </p>