




# April 2023



*Center Hours:*  
**Monday - Friday: 8:30 am - 4 pm**

**330-335-1513 · SSC@WadsworthCity.org · 617 School Drive · Wadsworth, OH 44281**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Tax Preparation</b> <span style="float: right;">3</span> - by appt. 9:30 - 11:45 <b>Pinochle</b> 10:00 <b>Walking Track</b> 12:00 - 2:00 <b>Movie at Wads. Library</b> 1:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">4</span> <b>Watercolor</b> 10:00 <b>Coupon Clippers</b> 10:30 <b>Euchre</b> 1:00 <b>General Caregivers*</b> 1:00</p>	<p><b>Tax Preparation</b> <span style="float: right;">5</span> - by appt. 9:30 - 11:45 <b>Gentle Exercise</b> 10:00 <b>Chess</b> 11:00 <b>Walking Track</b> 12:00 - 2:00 <b>Blind Truth</b> 1:00 <b>Dominoes &amp; Games</b> 1:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">6</span> <b>Mah Jong</b> 9:30 <b>Autobiography</b> 9:30 - 11:00 <b>Sewing Seniors</b> 9:30-11:00 <b>Bridge</b> 11:00 <b>Alzheimer's Caregivers Support*</b> 1:00</p>	<p><b>Bingo</b> 10:00 <span style="float: right;">7</span> <b>Make Me H.H. (Zoom)</b> 12:00 <b>Claire's Crafty Friends</b> 12:00 <b>Walking Track</b> 12:00 - 2:00 <b>Genealogy</b> 2:00 <b>Mindfulness</b> 2:00</p>
<p><b>Tax Preparation</b> <span style="float: right;">10</span> - by appt. 9:30 - 11:45 <b>Pinochle</b> 10:00 <b>Walking Track</b> 12:00 - 2:00 <b>Bunco</b> 1:00 <b>Medicare 101 Hybrid*</b> 3:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">11</span> <b>Crafts/Puzzles w/Windfall</b> 10:00 <b>Coupon Clippers</b> 10:30 <b>Table Talk with Dr. Patel*</b> 12:00 <b>Euchre</b> 1:00 <b>Technology Class</b> 2:00</p>	<p><b>Tax Preparation</b> <span style="float: right;">12</span> - by appt. 9:30 - 11:45 <b>Gentle Exercise</b> 10:00 <b>Chess</b> 11:00 <b>Walking Track</b> 12:00 - 2:00 <b>Dominoes &amp; Games</b> 1:00 <b>Aging Gracefully w/ Brookdale*</b> 2:00 <b>Storytime w/ Wade(Zoom)</b> 3:30</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">13</span> <b>Mah Jong</b> 9:30 <b>Autobiography</b> 9:30 - 11:00 <b>Seniors w/ Srs Lunchn</b> 11:00 <b>Bridge</b> 11:00 <b>Wadsworth Library Fun</b> 1:00 <b>Healthcare Decision Day</b> 2:30</p>	<p><b>Strokes of Art</b> 9:30 <span style="float: right;">14</span> <b>Bingo</b> 10:00 <b>Make Me H.H. (Zoom)</b> 12:00 <b>Claire's Crafty Friends</b> 12:00 <b>Walking Track</b> 12:00 - 2:00 <b>Genealogy</b> 2:00</p>
<p><b>Chronic Disease SM</b> 9:30 <span style="float: right;">17</span> <b>Pinochle</b> 10:00 <b>Walking Track</b> 12:00 - 2:00 <b>Lunch &amp; Learn w/ Autumnwood</b> 12:30 <b>Volunteer CPR Training</b> 2:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">18</span> <b>Watercolor</b> 10:00 <b>Coupon Clippers</b> 10:30 <b>Blood Press. Checks</b> 12:00 <b>Ask an Attorney - by appt.</b> 1:00 <b>Euchre</b> 1:00 <b>Parkinson's Caregivers*</b> 1:00 <b>Sound Bath Immersion</b> 2:30</p>	<p><b>Gentle Exercise</b> 10:00 <span style="float: right;">19</span> <b>Chess</b> 11:00 <b>MC Flex App</b> 11:30 <b>Walking Track</b> 12:00 - 2:00 <b>Dominoes &amp; Games</b> 1:00 <b>Healthy Living w/Humana*</b> 1:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">20</span> <b>Mah Jong</b> 9:30 <b>Autobiography</b> 9:30 - 11:00 <b>Sewing Seniors</b> 9:30-11:00 <b>Bridge</b> 11:00 <b>Virtual Bingo (Zoom)</b> 1:00 <b>County Assistance- appts.</b> 2:00 <b>Cooking w/ Bev</b> 2:30</p>	<p><b>Strokes of Art</b> 9:30 <span style="float: right;">21</span> <b>Bingo</b> 10:00 <b>Make Me H.H. (Zoom)</b> 12:00 <b>Claire's Crafty Friends</b> 12:00 <b>Walking Track</b> 12:00 - 2:00 <b>Genealogy</b> 2:00 <b>Vehicle Safety Features</b> 2:30</p>
<p><b>Chronic Disease SM</b> 9:30 <span style="float: right;">24</span> <b>Pinochle</b> 10:00 <b>Tech Café w/ MCBDD</b> 11:30 <b>Walking Track</b> 12:00 - 2:00 <b>Bunco</b> 1:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">25</span> <b>Coupon Clippers</b> 10:30 <b>Caregiver Event by RSVP</b> 11:00 <b>Euchre</b> 1:00 <b>Dementia Workshop</b> 1:00-3:00 <b>Tech Tuesday</b> 2:00</p>	<p><b>Gentle Exercise</b> 10:00 <span style="float: right;">26</span> <b>Chess</b> 11:00 <b>Walking Track</b> 12:00 - 2:00 <b>Dominoes &amp; Games</b> 1:00 <b>Empower Renal Support</b> 1:00 <b>New Member Meet &amp;Greet</b> 2:00</p>	<p><b>Walking Track</b> 9:00 - 11:00 <span style="float: right;">27</span> <b>Mah Jong</b> 9:30 <b>Bridge</b> 11:00 <b>Garden Chat</b> 11:00 <b>Poetry Open Mic</b> 12:00 <b>Senior Book Chat</b> 1:00 <b>Grief Support</b> 2:00</p>	<p><b>Strokes of Art</b> 9:30 <span style="float: right;">28</span> <b>Bingo</b> 10:00 <b>Make Me H.H. (Zoom)</b> 12:00 <b>Claire's Crafty Friends</b> 12:00 <b>Walking Track</b> 12:00 - 2:00 <b>Genealogy</b> 2:00</p>
<p>We have so many Games to choose from!</p> <ul style="list-style-type: none"> <li>◆ Pinochle ◆ Bridge</li> <li>◆ Euchre ◆ Mah Jong</li> <li>◆ Chess ◆ Dominoes</li> <li>◆ &amp; Bunco!</li> </ul>	<p style="color: red; text-align: center;"><b>PLEASE RSVP TO RESERVE A SPOT IN THESE GREAT PROGRAMS!</b></p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; text-align: center;"><b>*PROGRAMS MARKED WITH AN * ARE IN PERSON AND ZOOM (HYBRID).</b></p>	<p>Do you provide assistance to a Senior loved one? Join one of our <u>General</u>, <u>Alzheimer's</u> or <u>Parkinson's</u> Caregiver Support Groups!</p>	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>NEW!</b> <span style="font-size: small;">Walking Track times on Tuesdays &amp; Thursdays!!!</span></p> </div> <div style="text-align: right; margin-top: 5px;">  </div>	
<p>See our newsletter for a full list of programs and descriptions, available on our website: <a href="http://www.WadsworthCity.com/SopremaSeniorCenter" style="color: blue; text-decoration: underline;">www.WadsworthCity.com/SopremaSeniorCenter</a></p>				